

# Supporting Young People during COVID-19

Resources to help you provide services and support to rangatahi during COVID-19

## Ara Taiohi

### COVID Youth Sector Hub

Ara Taiohi is the peak body for youth development in Aotearoa. Ara Taiohi's COVID Youth Sector hub is here:

<https://arataiohi.org.nz/home/navigating-the-pandemic-together/>

### Operating during Delta Levels

Links to advice on good practice for operating during Delta Level 2 from across the Youth Sector:

<https://arataiohi.org.nz/delta-levels-support/>

### Youth Work During a Pandemic

'Kaiparahuarahi' is the Journal for Youth Work in Aotearoa.

Issue 3 from August 2020 reflects on what responsive youth work practice can look like during a global pandemic:

['Beyond Rāhui Into Recovery: Responsive Youth Work in the COVID-19 Pandemic' - Kaiparahuarahi Edition 3 COVID-19.pdf](#)

## Ministry of Youth Development

### COVID-19 Support - Resources for Rangatahi, Whānau and the Youth Sector

<https://myd.govt.nz/resources-and-reports/covid-19-support-resources-for-rangatahi-whnau-and-the-youth-sector.html>

## Te Ngākau Kahukura - COVID-19 Support for Rainbow Young People

Te Ngākau Kahukura is a national initiative that works to improve the environments around rainbow young people to make sure they are affirming, welcoming and non-discriminatory. This page has been compiled for people who are working with, supporting or living with rainbow young people, and includes resources for decision makers and youth workers.

<https://www.tengakaukahukura.nz/covid19>

## Getting Through Together

In tough times it can be hard to know how to feel or what to do - practical tips for looking after yourself and your whānau.

[https://www.allright.org.nz/campaigns/getting-through-together?fbclid=IwAR3A\\_4pGJEKOHIXmybZ4Nf7siGCivymGJbz7Fyn4A1BhQfirrS2hl1mO134](https://www.allright.org.nz/campaigns/getting-through-together?fbclid=IwAR3A_4pGJEKOHIXmybZ4Nf7siGCivymGJbz7Fyn4A1BhQfirrS2hl1mO134)

## Mental Health Foundation - Support to get through COVID-19

<https://mentalhealth.org.nz/getting-through-together>

## What are your strategies?

What strategies are your organisation putting into place to make sure young people can keep receiving your services and support when COVID-19 is in the local community?

Share your ideas and good practice examples with others through Pūtake Nui, by emailing to: [pouwhakapiri@putakenui.org](mailto:pouwhakapiri@putakenui.org)